



Snippets 14th February 2019

- **The Cystic Fibrosis Holiday Fund (CFHF)**

The CFHF provides financial assistance for children under 18 years with Cystic Fibrosis and their families. It has two grant programmes:
Respite Break Grants - a grant of £350 towards a day trip, excursion, holiday of break. Applications are considered 4 times a year.
Family Revitalise - provides funded holidays to families in exceptional circumstances.
To find out more go to: www.cfholidayfund.org.uk
- **BBC Children in Need Emergency Essentials Programme**

BBC Children in Need Emergency Essentials Programme supports children and young people who are facing exceptionally difficult circumstances and is delivered by Family Fund Business Services. The programme provides items that meet a child's most basic needs such as a bed to sleep in, a cooker to provide a hot meal and other items or services critical to child's wellbeing.
Applications must be made by a registered referrer. To find out more go to: <https://www.familyfundsolutions.co.uk/emergency-essentials/>
- **St Giles Trust SOS+ Training - See attached poster**

Due to the huge levels of interest in the St Giles Trust SOS+ Training a number of people were unable to book places as all sessions were fully booked within days of being released, as such there will be an extra session.
The extra session will be a shorter 'Twilight Session' and will run on Wednesday 20th March from 17:30 – 20:00 in Newton Abbot.
For further details and to book a place on this event please follow the below link; <https://www.eventbrite.co.uk/e/st-giles-trust-sos-project-twilight-session-south-devon-tickets-56414544421>
- **Changing Place**

During October 2018 Torbay Council installed a new Changing Place toilet on Paignton seafront underneath the Shoreline restaurant. The facility is dedicated to wheel chairs users and those who require a hoist to lift them onto a changing table or toilet. Places in a central location by the beach, Paignton Green, Geo Park, cinema and town. For further information contact: Stephen Marks – Torbay Mencap Society volunteer 07968 853273
- **Torbay Hospital A&E MIU Flag**

Imagine if you will... that someone in your care with a learning disability or similar incapacity is admitted to Torbay Hospital A&E or local hospital MIU all by themselves with no one to help communicate (as is often the way in unplanned emergencies). The 'not knowing' and the challenge to communicate may add further distress. But now...you can establish an 'Alert Flag' on the hospital computer that informs the staff of what they need to know to communicate and minimise the distress for your loved

one even if you're not there. Contact Torbay Mencap if you would like to know more.
Stephen Marks – Torbay Mencap Society volunteer 07968 853273

- **Plymouth Parent Carer Voice**

Wednesday 20th February 2019 with two sessions available from 10.00-12.00 and 13.00-15.00 at Plymouth Guildhall, Guildhall Square, Plymouth, PL1 2BJ

Please book 1 ticket per family at: <https://www.eventbrite.co.uk/e/ppcv-plymouth-send-family-funday-200219-tickets-53163095249>

All families welcome with Children with SEND (and their siblings) to a family fun day. Free refreshments during the event, bouncy castles, face painting, colouring, music and games as well as special appearances by Spiderman and a Princess. There is a fully refundable deposit when you attend on the day, and an option to donate at the event. Please note PARENTS WILL BE RESPONSIBLE FOR THEIR CHILDREN AT ALL TIMES.

- **Sidmouth Donkey Sanctuary - Golden Carrot Hunt**

16th February 2019 (9:00am) – 5th April 2019 (4:00pm)

Take part in the sanctuary's Golden Anniversary celebrations with this entertaining family activity that combines fun, exercise and brainpower.

Follow the clues around the sanctuary to find the golden carrots and discover interesting facts relating to special events or achievements that have defined their first 50 years, before uncovering the hidden treasure to claim your golden reward.

Just £3 per treasure hunt, no booking required.

Entry and parking at the sanctuary is FREE (donations welcome). Dogs on leads are welcome. Further information Tel: 01395 578222 or email:

enquiries@thedonkeysanctuary.org.uk

- **Ivybridge Donkey Sanctuary**

Holiday Club from Tuesday 19th February 2019, 10:00am to 1:00pm.

Holiday Club is an open visiting time when children and young adults with additional needs can visit the donkey-assisted therapy centre with their families for donkey interaction sessions. Places available but to avoid disappointment please call in advance to book a session as spaces are limited. Tel: 01752 690200 or email:

ivybridge@thedonkeysanctuary.org.uk

Saturday Club Saturday 2nd March 2019.

The sanctuary offers casual drop sessions between 10am-1pm, why not go along and see if Donkey therapy would benefit your child.

It's also a chance to visit the adoption donkeys, relax over a cup of tea or coffee and meet other parents and carers. To avoid disappointment, please call in advance to book sessions, as spaces are limited. Tel: 01752 690200 or email:

ivybridge@thedonkeysanctuary.org.uk

- **Youth Intervention Centre Ivybridge**

Venue: 2nd Floor, 47 Fore Street, Ivybridge, Devon PL21 9AE

Half term workshop: The workshop is for 8-13-year olds and will run on Tuesday 19th February, 10am - 12 midday. Cost, £10 for the full 2 hours, run by a trained counsellor. It will have a therapeutic purpose of helping to build self-esteem and self-identity.

Young people will get to make and create their own affirmation pebbles and will create, using a range of art materials, an island all about themselves.

<https://www.youthinterventioncentre.com/workshops>

Exam Stress-buster group:

For those in school year 10 & 11. The sessions will run on Wednesday evenings 6-7pm for 6 weeks starting Wednesday 27th of Feb. Price is £45 for the whole 6 weeks.

Young people will learn mindfulness techniques and calming strategies, as well as practical advice and tips about exams to help the exam season be a lot less overwhelming for them. Run by a trained counsellor with an ex-exams officer on hand for any exam-based questions.

To book a place click here: <https://www.youthinterventioncentre.com/exam-stress-buster> or find out more email: info@youthinterventioncentre.com or call 01752 869260 or find them on Facebook:

<https://www.facebook.com/youthinterventioncentre/>

- **Lifeworks Holiday Project Half Term**

18th – 21st February Half Term project aimed at learning disabled young people aged 12 years and over.

The topic this half term is - Exploring 5 ways to wellbeing, involving physical fun, creative challenge; scrummy food making, Zumba and just a few 'new' experiences for a brand-new year. For further information or to book a place please call: Tracey Hubbard on 01803 861 069 or email traceyhubbard@lifeworks-uk.org

Disclaimer

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Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.

An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website:

<http://devon.integratedchildrensservices.co.uk/signpostplus/>



