

- **RNIB and VICTA** are working in partnership to support blind and partially sighted children and young people to study with greater independence, using technology. Children/young adults who are registered blind or partially sighted, a UK resident and aged between 11 and 25 years could be eligible for an Apple iPad Air 2 32GB with a protective case and/or an Orbit Reader 20 for Braille users (age criteria 8-25 years). Seen as complementary technologies, it is possible to apply for both provided they fit the age criteria. To find out more and apply visit: <http://www.victa.org.uk/grants/> or call VICTA on 01908 240 831.
- **Family Fund's 'Tired Out' Sleep Hub** have gathered a number of 'sleeping tips'. Categories include; Food and Diet, Bedtime Routine, Night Waking, Sensory Sleep Needs, Teenage Sleep and Sleep Medication, you can click on the photo to take you to a little bit of information about each topic. There is also a section on how to make and use a sleep diary. To find out more go to: <https://www.tiredout.org.uk/sleeptips>
- **Wiser£money** is a partnership between Encompass South West and Wessex Resolutions, providing free, confidential and impartial advice across Torridge, Mid and West Devon. Financial hardship can affect anyone at any time in their lives. Getting money and debt advice can be difficult, especially for families living in rural areas or for people that have a health condition that makes travelling to the nearest town difficult. This is where Wiser£money can help, by offering local drop-ins advice surgeries, appointments and home visits. Advisers can help with; Welfare benefits advice and take up, Budgeting and income maximisation, Money and debt advice, Fuel and energy advice, Accessing other support agencies. You can contact a Wiser£money adviser on 01823 461099 or email [enquiries@wisermoney.org.uk](mailto:enquiries@wisermoney.org.uk) For further information go to: <http://www.wisermoney.org.uk/>
- **Deaf Boxing Club** Battle House, Richmond Court, Exeter. March 2<sup>nd</sup> & 9<sup>th</sup>. Free Sessions for age 14+. BSL support available. Find out more at Facebook: *Deaf Get Active and Volunteer*.
- **YoungSibs** website currently have a focus on siblings of children with ADHD. This includes information about ADHD, tips for coping with difficult behaviours, a forum to chat with other siblings or ask a sibling advisor <https://www.youngsibs.org.uk/siblings-and-adhd/>
- **Roald Dahl Marvellous Family Grants** are awarded to families facing financial hardship whilst caring for a child with a serious illness. Grants of up to £1,000 can fund a variety of essential items and services including (but not limited to) specialist equipment, creative therapies, hospital travel expenses, everyday items to improve the child's quality of life, attending medical/ support group conference, social activities and memberships. Marvellous Family grants are open to any family residing in the UK with a child who has a serious illness that could be life-limiting as described by the following criteria: Group 1 - Life threatening conditions for which curative treatment may be feasible but can fail (e.g. epilepsy, irreversible organ failures of heart, liver, kidneys.) Group 2 - Conditions where premature death is inevitable (e.g. cystic fibrosis.) Group 3 - Progressive conditions without curative treatment options (e.g. Batten disease, mucopolysaccharidoses, muscular dystrophy.) Group 4 - Irreversible but non-progressive conditions causing severe disability leading to susceptibility to health complications and likelihood of premature death (e.g. sickle cell disease, cerebral palsy, multiple disabilities such as brain or spinal cord insult.) Group 5 - Syndromes without a name (SWAN) causing severe, chronic disability or illness.  
Applications must be completed by health or social care professionals on behalf the family and are considered at monthly meetings. Next application deadline 29th March 2019. To find out more click [here](#)
- **Next Steps Youth Club – Barnstaple**. For young adults 16-25 yrs with additional needs. £3 a session, refreshments available and a variety of activities planned such as cooking, art workshops, and discos. The youth group runs every Thursday 6pm-8pm with different themes each week. For more information call 01271 859384
- **The Max Card** has been funded by Devon County Council and is free to families with children aged 0-25 who have SEN and or a disability. It allows the eligible child or young person free or discounted admission to more than 800 attractions nationwide, over 60 of which are in Devon and Cornwall. To find out more and to register click [here](#)
- **Devon Information Advice Service (DIAS) Better Outcomes from SEND Meetings Training** Tuesday 12th March 2019 between 10.30am and 12.30pm at Old Heathcoat School Community Centre, 81 King Street, Tiverton EX16 5JJ. Free interactive session for parents/carers of children or young people with SEN or a disability. To find out more and to book a place click [here](#)



**Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.**

**An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website: <http://devon.integratedchildrenservices.co.uk/signpostplus/>**

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