

**For self help tools for you
and your child/young person,
visit the Devon ICS website**

www.Devon.IntegratedChildrensServices.co.uk

Other useful contacts

A range of information on support and help for
young people's mental health
<http://eh4mh.co.uk>

Working together to enable families to manage
their own dilemmas and solve their own problems
<http://devon.cc/earlyhelp>

To find resources to support children and
young people with special educational needs
go to
<http://new.devon.gov.uk/send>

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