

- **WESC Foundation** open day, 12th February 2019, for parents and carers, young people, commissioners, teachers and SEN professionals. Go along to find out all about WESC services including; The school and college, Specialist assessments, Outreach services, Work placements and internships, Research and development, Community services, VI specialist support. Lunch, speakers and a tour of the campus included. 10.00am to 2.00pm (Booking essential). For more information or to reserve your place, please call WESC Foundation on 01392 454200 or email rellis@wescfoundation.ac.uk
- **Dignity - Personal Hygiene for Sensory Issues** For people who struggle with personal hygiene due to sensory issues Dignity have some great products and free resources to make personal hygiene a stress-free part of daily living, they offer products such as: •Waterless Shampoo •Unflavoured Toothpaste •Super-soft Toothbrush •Epsom Bath Salts. For more information go to: <http://ow.ly/Qt1D30nfbLa>
- **Own It** The BBC Own It website is aimed at 9 to 12 year olds to help them maximise opportunities in the digital world as well as helping them to develop the confidence and resilience to tackle the everyday challenges they face online. The site includes quick links to charities and organisations including Childline to provide urgent support should children need it. To find out more go to: <http://ow.ly/XQS030hBa1t>
- **Parents United Through ASC/ADHD** Parents United are a group of parents/carers with young people or persons on the Autistic Spectrum and/or ADHD. Diagnosed or going through the process. They are a friendly casual group of parents meeting every 2 weeks on Tuesdays during term time at the Great Western Hotel in Tiverton from 10am to 11.30am. Forthcoming dates are: Tuesday 29th January, 12th February, 26th February, 12th March, 26th March and 30th April. If you require any more information, please contact Hayley on: h.hardy211@outlook.com
- **The Spectrum magazine** January 2019 issue is now available to read, download and print. <http://ow.ly/sGIC30ng8PT>
- **Young Devon Courses**, new courses start from the 28th January to include: *Preparation for Independent Living*, Eligibility: 16-25 year olds Length of course: 12 weeks Timetable of course: 2 days a week. *The Work Based Learning Programme (pre-apprenticeship)* Eligibility: 16-25 year olds Length of course: 12 weeks Timetable of course: 5 days a week (3 days classroom, 2 days' work experience). *Princes Trust Team Programme* Eligibility: 16-25 year olds Length of course: 12 weeks Timetable of course: 5 days a week (mixture of classroom based work and off site trips). Courses are free to attend with paid travel and incentives on completion such as: vouchers, Tablets and CSCS Cards. For information email: ruth.glen@youngdevon.org, call: 01626 356720 or 07779 578399.
- **SEND Strategic Review 2018-19** Every year, Devon County Council reviews its SEND provision to ensure it is in the right location; of good quality; and that there is a good match between demand and supply. They need the views of parent carers, children and young people, and professionals and practitioners to help with this review. These [surveys](#) are open until 15th February.
- **Ready When You Are** Thousands of people across Devon are overlooked for jobs because of mental health conditions, learning disabilities and autism. Jobcentre Plus offers free bespoke advice about how to attract, recruit and retain disabled people, the support on offer, and the benefits of becoming Disability Confident. To find out more go to: <http://ow.ly/FGqT30ng5CL>
- **Affinity Support Group**, next meeting at Tiverton Fire Station Community room on 6th February, focusing on PDA. Learn more about PDA as a behaviour profile within Autism, presented by Seamo Teare, Specialist Support, Babcock LDP, followed by an informal session sharing what works/what doesn't. To find out more text Joanne on 07917 188911, Kylie on 07540 071669 or email: affinity.tiverton@gmail.com
- **Bis-net 2 day PDA course for parents and professionals.** A two day workshop aimed at those supporting individuals on the Autism Spectrum that are displaying demand avoidant behaviours or that have a diagnosis of PDA. The training will take place at The Belmont Chapel, Western Way, Exeter EX1 2DB on 11th & 12th February from 9:30am until 2:30pm. Professional ticket £100, parent ticket £50. To find out more or to book a place click [here](#)



Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.

An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website: <http://devon.integratedchildrenservices.co.uk/signpostplus/>

If you no longer wish to receive these bulletins please let me know and I will remove your details from the mailing list.

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