



## Snippets 13<sup>th</sup> December 2018

- **South West Autism (SWA)**

SWA will be running a new monthly free service to parents of young people in the Axminster area. This started on Wednesday 12<sup>th</sup> December at the Pippin Centre and from 7pm until 8.30pm.

Thanks to generous donations, SWA can offer 15 places to parents/carers to help them gain support in caring for their young people on a monthly basis.

No firm diagnosis needed, to find out more contact: [southwestautism@gmail.com](mailto:southwestautism@gmail.com) or Tel: 07582 608641 or have a look at their website [www.southwestautismsupport.com](http://www.southwestautismsupport.com)

- **Tastelife**

Tastelife provides tools for recovery for those who struggle with eating disorders and for their supporters.

As well as the Tastelife course, they run training for those who work in areas where they are likely to encounter people with eating disorders, for example education, health, and youth work. To find out more go to: <http://www.tastelifeuk.org/about/>

- **Family Dog Service workshops**

Exeter workshops are on the 19<sup>th</sup>, 20<sup>th</sup> and 21<sup>st</sup> of February at the Woodbury Village Hall, EX5 1LX.

Family Dog workshops are specially designed to provide parents of children aged 3-16 years who have a diagnosis of autism the advice and long-term support needed for choosing and training a dog to benefit the whole family.

Family Dog Workshops are ideal if you:

- Are at the early stages of considering getting a dog to help your child
- Know that you want to get a dog and are looking for help choosing and handling a dog
- Already have a pet dog but would like training ideas and support

A series of three one day workshops is planned during February in Exeter. The course will use a combination of practical demonstrations, discussions, hands on learning and course handouts. Find more go to: <https://www.dogsforgood.org/how-we-help/family-dog/>

- **PenCRU**

A few spaces left on the Healthy Parent Carers programme, Torquay. The organisers will need to speak with you prior to the deadline on Friday 14<sup>th</sup> December so please send your contact number to [healthyparentcarers@exeter.ac.uk](mailto:healthyparentcarers@exeter.ac.uk) so they can sign you up before the deadline. Other sites also available – Plymouth, Dawlish, Minehead, Bideford, St. Austell. Get in touch on 01392 722968 if you'd like to find out more details.

- **Ivybridge Donkey Sanctuary Christmas Market.**

This Saturday 15<sup>th</sup> December from 11am - 3pm Free entry and free parking,

Godwell Lane, Ivybridge PL21 0LE

Live music, gifts market, face painting, raffle, refreshments and a Tombola.

For more details contact 01752 690 200

- **Hannah's at Seal Hayne**

Quantum Theatre are returning to Hannah's at Seal Hayne on the 15th of December with their adaptation of the festive classic A Christmas Carol.

Running time is 65 minutes approximately, £12, Children £8 Family £32 (2A+2C or 1A+3C) Book your tickets online: <http://ow.ly/ZQt730mWql6>

#### Disclaimer

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