

• **Makaton Advent Calendar –**

<b>Makaton Advent Calendar</b>						
Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1st</b>  <b>Snowman</b>	<b>2nd</b>  <b>Christmas Tree</b>	<b>3rd</b>  <b>Sleigh</b>	<b>4th</b> Finger spell 'F', circles clockwise in front of body  <b>Family</b>	<b>5th</b>  <b>Stars</b>	<b>6th</b>  <b>Happy</b>	<b>7th</b>  <b>Bells</b>
<b>8th</b>  <b>Pudding</b>	<b>9th</b>  <b>Winter</b>	<b>10th</b> light middle finger touches center of other palm, repeat with left hand  <b>Jesus</b>	<b>11th</b> Movement of hands show antler side  <b>Reindeer</b>	<b>12h</b>  <b>Holiday</b>	<b>13th</b>  <b>Presents</b>	<b>14th</b> Mime pulling bell rope  <b>Church</b>
<b>15th</b> Flat hands flap down and up at wrists  <b>Donkey</b>	<b>16th</b> Mime hand movements on the spot  <b>Stable</b>	<b>17th</b>  <b>Candles</b>	<b>18th</b> Hands make slight flutter movements  <b>Angel</b>	<b>19th</b> Stroke beard  <b>King</b>	<b>20th</b>  <b>Cake</b>	<b>21st</b> Teeth show  <b>Robin</b>
<b>22nd</b> Waggle thumb & 2 fingers under chin  <b>Turkey</b>	<b>23rd</b> Whole formation and up twice  <b>Toys</b>	<b>24th</b>  <b>Sleep</b>	<b>25th Christmas Day</b>  <b>Christmas Day</b>		<b>Father Christmas</b> Strokes long beard  <b>Father Christmas</b>	

• **Family Dog Service workshops**

Exeter workshops are on the 19th, 20th and 21st of February at the Woodbury Village Hall, EX5 1LX.

Family Dog workshops are specially designed to provide parents of children aged 3-16 years who have a diagnosis of autism the advice and long-term support needed for choosing and training a dog to benefit the whole family.

Family Dog Workshops are ideal if you:

- Are at the early stages of considering getting a dog to help your child
- Know that you want to get a dog and are looking for help choosing and handling a dog
- Already have a pet dog but would like training ideas and support

A series of three one day workshops is planned during February in Exeter. The course will use a combination of practical demonstrations, discussions, hands on learning and course handouts. Find more go to: <https://www.dogsforgood.org/how-we-help/family-dog/>

- **Warm Home Discount Scheme**

You might be able to get £140 off your electricity bill under the Warm Home Discount Scheme if you're either:

- getting the guarantee credit part of Pension Credit
- on a low income

Check with your supplier to see if they offer the Warm Home Discount - not all suppliers are part of the scheme.

If you've applied for the Warm Home Discount but you switch supplier before you get the payment, you have to apply again with your new supplier. Your new supplier might have different rules about who gets the discount. This doesn't affect you if you get the discount automatically, without having to apply.

Find out more by clicking this link: <https://www.gov.uk/the-warm-home-discount-scheme>

- **Sidmouth Donkey Sanctuary**

Carols by Candlelight, 14th December 2018 from 3:00pm to 7:00pm No booking required.

The festive celebrations will then begin with a host of merry tunes before the 45 minute Christmas carol service commences at 5pm in New Barn surrounded by lots of friendly donkeys – who may even join in!

This event is free to attend with free parking. Dogs on leads welcome.

Further information contact: 01395 573156 or email:

[events@thedonkeysanctuary.org.uk](mailto:events@thedonkeysanctuary.org.uk)

- **Lantern Making Workshop**

Saturday 8th December 2018 Sessions from 10am - 1pm, 2pm - 5pm. The Pavilions, Hannah's at Seale-Hayne.

Make your very own lantern and take part in the Newton Abbot Lantern Parade and Christmas Street Fayre on Wednesday 12th December, 6:30pm starting in Queen Street and ending at St. Leonard's Clock Tower.

Workshops 10am - 1pm and 2pm - 5pm. The Great Hall. Cost £5 per person. Tickets available from Newton Abbot Town Hall on 01626 201120 only.

- **EXIM Dance Company – Plymouth**

Weekly community classes, including sessions for those with disabilities.

**Young movers class** - weekly from 5pm-5.45pm ages 4-6yrs and 6pm-6.45pm ages 7-9 years. Stoke Damerel Community College. £4.50 per class

**Space Shot Youth Dance Company** - weekly at St Aidan's Church Hall from 6-8pm for 11-16 years old admission free

**Making Waves Project** – weekly outreach classes for young people in Plymouth over 14 years old. The House Studio, Plymouth University from 5-6.30pm Free class

For more information please call 07864 168663 or email: [classes@eximdance.org.uk](mailto:classes@eximdance.org.uk)

- **Dot to Dot Productions**

Award winning children's television company Dot to Dot are looking for an outgoing and imaginative child with Down's Syndrome for their latest project.

If your child is interested in auditioning please contact:

[claire@dottodotproductions.com](mailto:claire@dottodotproductions.com) or call: 0208994 0663

- **DINNER WINNER**

Children's dinner tray, turn mealtime into a board game with DINNER WINNER, where even the fussiest of eaters will clean their plate.

- The tray divides food into 8 manageable portions. Get to the finish line to earn a special little treat for dessert
  - Moulded from 100% melamine
  - DINNER WINNER is food-safe and dishwasher-safe
- £11.99 from Amazon, to find out more and order go to: <http://ow.ly/R75T30gRpi7>

- **Time for You!**

A supportive group for mothers of children with Additional Needs. Time for You are offering a taster session for professionals who work with children with additional needs and their families. This will take place on Tuesday 18<sup>th</sup> December from 2pm-4pm at Devonport Park Activity Centre.

This FREE session requires booking as places will be taken quickly, contact Jo Ball by email: [jo@co-creationcoaching.co.uk](mailto:jo@co-creationcoaching.co.uk) or call: 07855 529582



**Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.**

**An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website:**

<http://devon.integratedchildrensservices.co.uk/signpostplus/>

If you would like to be removed from this mailing list please let me know.

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