

- **The National Autistic Society Transition Support Service** is a free service for young autistic people aged 14 years plus and their parents or carers, looking for information and advice on the transition to adulthood. This includes young people preparing to leave school as well as further and higher education. Help available includes; Confidential information and advice by phone and email, An explanation of rights and entitlements throughout the transition process, Assistance with exploring options so that informed decisions can be made, Information about other services that may be useful during the transition process, Guidance and support on specific issues such as engaging the young person, finding suitable provision, making a complaint or appealing against a decision. Tel: 0808 800 0027 and leave a message (free from landlines and most mobiles). They also have lots of useful transition information available [here](#)
- **Children's Inclusive Football in North Devon** North Devon has opportunities for children 8 – 16 years old with additional needs and disabilities such as Aspergers, autism, learning difficulties and sensory impairments. The Football sessions are fun and inclusive and a great opportunity to make friends and develop new Football skills. Information on the two sessions below:  
Barnstaple Colts Disability, Thursdays (6pm – 7pm), The Park School, Park Lane, Barnstaple, EX32 9AX  
Bideford AFC Youth Inclusive Football, Mondays (6pm – 7pm), Bideford College Sports Hall, Abbotsham Road, Bideford, EX39 3AR.  
If you would like further information on the Football sessions in North Devon, please contact Ashley Harris (Devon FA Disability Football Development Officer) by email: [ashley.harris@devonfa.com](mailto:ashley.harris@devonfa.com) or Tel: 07912 089838.
- **Free Family Information Day courtesy of Contact.** The Donkey Sanctuary, Sidmouth, Devon, EX10 0NU. Sunday 19<sup>th</sup> November, 10.30am - 3.30pm. Contact are running a family day in order to share information (poster/leaflets) of a support group or activity that any member of your family attends within and around Exeter (eg young carers group, parent support group). They require a variety of information to showcase therefore families from a variety of organisations are invited. This is a free event with lunch provided so numbers are limited. Registration 10.30am: free drinks upon arrival, lunch: roast turkey dinner and pudding. To book a place email [adele.meader@contact.org.uk](mailto:adele.meader@contact.org.uk) or telephone 07920 655125.
- **Car seat funding for children with Hip Spica Casts who have DDH.** The Claire Furmedge equipment fund for Developmental Dysplasia of the Hip is supported by the Steps Charity. A maximum grant of £220 will be awarded towards a hip spica car seat which must be purchased through their agreed supplier - In Car Safety Centre. The grant covers the full price of the car seat. The grant cannot be given if you have already purchased your car seat. To find out more go to their [website](#)
- **Petroc Free Distance Learning Courses.** There are over 20 courses available, all of which are certificated, most to a cache level 2, titles include; Understanding Behaviour that Challenges, Understanding Specific Learning Difficulties, Working with Individuals with Learning Disabilities. To find out more, and to view the full range of courses available click [here](#)
- **Free App for parents – Speech and Language development tips and information.** Afasic England has produced an App, based on their self-advocacy workshops for parents. It has been developed in partnership with Steve Percival, a specialist in advocacy. The Free App has lots of information for parents about the legal system, practical tips on how to manage meetings, a glossary of terms, information on speech and language development, useful links, and also includes a journal that parents can keep up to date. The App is available for iPhones in the App Store, or for Android systems from Google Play. To find out more click [here](#)
- **YoungMinds** resources library is full of useful toolkits, publications, reports and policy information about children and young people's mental health. Find out more by visiting their [website](#)
- **Read Easy Barnstaple** is a not-for-profit organisation that recruits, trains and supports volunteers to give one-to-one tuition, completely free, to adults who struggle with reading. They are seeking contact with people they can help - If you know anyone who they could help learn to read please contact their Coordinator, Tracy Hellens on 07471 332096
- **The National Autistic Society** have just updated their Christmas coping strategies information sheet, which has some really useful hints and tips, click [here](#)



**Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.**

**An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website: <http://devon.integratedchildrenservices.co.uk/signpostplus/>**

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