



## Snippets 6<sup>th</sup> September 2018

- **Online safety**  
5 top tips for parents as children head back to school. Depending on their age, many children will be going back to school with their very own smart phone. So what gadget, gizmo or app should be given to protect your child when they go online? The answer is, none, in fact the most effective and simplest online safety product is a simple conversation with your child or grandchild. To find out the 5 conversation pointers go to: <http://www.saferinternet.org.uk/news/back-to-school-5-tips-for-parents-around-online-safety>
- **Exeter East Devon Downs Syndrome Group**  
Save the date - Saturday morning 29<sup>th</sup> September, free and cake fundraiser at St Stephens Church, High St, Exeter.  
Teenagers and adults from the group - would you like to help? Volunteers will be needed for various roles - making tea and coffee, serving cakes, taking payment, clearing up, and chatting to customers. If you'd like to be involved, contact Harriet on 01392 410 817 or 07480 301 244
- **Early Help**  
Please see attached the updated Early Help leaflet.  
**ATTACH**
- **Disability Grants News**  
A monthly round up of highlights on the Disability Grants website, to find out more go to: <https://www.disability-grants.org/>
- **Southwest Intervention Services (SWIS)**  
Open Day, Thursday 20<sup>th</sup> September from 1pm – 3pm. Ground floor, Buckfastleigh rangers football club, Duckponds road, Buckfastleigh, TQ11 0LN.  
SWIS have moved, so why not go along and see their new centre, meet the staff and young people and find out what they have to offer.  
Refreshments will be available, please RSVP 01803 862320
- **Cerebra Library**  
Check out the books on ADHD that you can borrow from Cerebra's postal lending library for free. Click here to find out more: <http://www.cerebra.org.uk/2017/09/>
- **Mencap**  
As a new school year approaches it's an exciting time of making friends and learning new things. But some people might be a little worried about bullying.  
If you're a parent, carer or pupil, there are ways you can help make the school a safe and friendly place and reduce the chances of bullying. To find out more go to: <http://ow.ly/5Y4i30IFL1c>



Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.

An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website:

<http://devon.integratedchildrensservices.co.uk/signpostplus/>

If you would like to be removed from this mailing list please let me know .

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