



Snippets 13th September 2018

- **Resilient Young Minds - A revolutionary approach to wellbeing**
22nd November 2018 to 23rd November 2018, The Clay Factory, PL21 0EZ
Cost: £95
Every person is born with wellbeing as innate - no matter what life has thrown their way; yet the NHS and education systems are struggling to cope with an epidemic of mental health issues.
Young people in particular are being affected in numbers like never before.
At this conference they will share a revolutionary approach that focuses on the hidden variable and source of wellbeing. It is simple and effective - and it works -for everyone - including young people. To find out more go to:
<http://www.voycdevon.org.uk/training-events>
- **Guide Dogs Family Weekend**
For families of children with a recent diagnosis of a visual impairment, Friday 19th – Sunday 21st October, Teignmouth, Devon. A chance to meet other parents and exchange information.
Accommodation, breakfast, lunch and dinner plus refreshments. Family fun and games. Family evening entertainment. Indoor swimming pool. Creche available while parents attend workshops. Guide dogs' children and young people services team on hand throughout the weekend to provide information and discuss any issues of concern to your family. Particularly suited to families whose children have recently been diagnosed with a visual impairment. To find out more on cost etc. contact Sally or Cat on 0118 983 8318 or email recreation@guidedogs.org.uk
- **Lifeworks Youth Group**
Kool Club - for learning disabled young people 14-25 has just started back for the Autumn Term – **programme attached** – to find out more contact Sarah-Jane Lawson email: sarah-janelowson@lifeworks-uk.org mobile: 0750 086 0288.
- **Free Flu Vaccination**
Carers are entitled to a free flu jab, contact your GP surgery to book. For support contact Carers Trust on: 0844 8004361 or info@carers.org quoting reference: flu fighter
- **Youth Intervention Centre**
The Youth Intervention team are holding an open day event on Friday 28th September at their office on the 2nd floor, 47 Fore Street, Ivybridge PL21 9AE.
This will be in conjunction with Macmillan coffee morning. Drop in between midday and 6pm to have a look around their new office, have a coffee, cake and a chat.
For more details contact: 01752 896260 or Email: info@youthinterventioncentre.com

- **Sensory Spectacle**

Book now for INTERACT 2018, Parents, professionals & students at INTERACT this year you will learn -

- * Techniques for Intensive Interaction
- * P.E activity ideas for people with PMLD
- * How Laughter is great for our well-being
- * Slime recipes for people with additional needs

The day based on hands on learning so you can use it immediately at work or home.

4th October in Newton Abbot at The Courtenay Centre, TQ12 2QA

10th October in Cambridge at Ross Street Community Centre, CB1 3UZ

18th October in Newcastle at The Beacon, NE4 9PQ

To find out more and book a place go to: www.sensoryspectacle.co.uk/interact2018

- **Syndromes Without a Name (SWAN)**

Exeter Information Event, 22nd November 2018 from 10:00–14:00

SWAN is running free undiagnosed genetic conditions information events. These events are for families of children with undiagnosed genetic conditions, but if you're a professional and you'd like to come along, let us know.

The talks will cover:

- Why some genetic conditions so hard to diagnose?
- What are genetic tests? Why does genetic testing take so long?
- What is life like raising a child with an undiagnosed genetic condition?
- Update on Deciphering Developmental Disorders (DDD)/100,000 Genomes Project.

You will also be able to meet other local families with similar experiences.

To book your place email or call, giving the names of those who will be attending and if you have any dietary requirements. Email: info@undiagnosed.org.uk or call 020 7831 0883.

- **Tissues & issues**

Coffee mornings run from 10am till 12noon at Central Church Torquay, TQ2 5RF

Entrance via Morgan Avenue. Please see future dates below:

September 25th coffee and chat, Central Church - Dorothy Hadley head if SEN TBC

October 9th Mollie from youth intervention.

To find out more go to their Facebook page:

<https://www.facebook.com/groups/1998466853749511/>

- **South West Autism (SWA)**

SWA are offering a monthly girls group from October. This will run once a month on Saturday mornings, they will cover subjects such as puberty, hygiene and staying safe which will include on-line safety.

By going along to these groups there is always an opportunity to develop friendships and engage in various activities such as arts and crafts etc.

For more information on dates, fees etc. contact: southwestautism@gmail.com or have a look at www.southwestautismsupport.com or Tel: 07582 608641. Facebook: South West Autism Support Services or twitter: @SWAutism



Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.

An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website:

<http://devon.integratedchildrensservices.co.uk/signpostplus/>

If you would like to be removed from this mailing list please let me know.

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