

Autism Resources and Useful Contacts:

Devon Integrated Children's Services information about service provision. Includes a range of helpful toolkits and information for Speech & Language development and Occupational Therapy <http://devon.integratedchildrensservices.co.uk/>



Devon's Local Offer for SEND information on education, health and social care services and how to access them for children and young people with Special Educational Needs and Disabilities from birth to 25 <https://new.devon.gov.uk/send>



Pinpoint - A searchable database of activities, services and support groups in Devon. Search by keyword and/or area www.pinpointdevon.co.uk



Devon Information, Advice and Support Service (DIAS) - Provide children and young people from 0-25 who have Special Educational Needs or Disabilities and their parents or carers with legally based and easily accessible information about Education, Health and Social Care. A free, confidential and impartial service which is funded by Devon County Council 01392 383080 email: devonias@devon.gov.uk www.devonias.org.uk



Devon Parent Carers Voice (DPCV) - A charity run by parent carers, for parent carers of children or young people aged 0-25 with additional needs.

A chance to meet with others to share ideas, keep up-to-date with the latest legislation and feed back into the Devon Health, Social Care and Education sectors through forums and events 07975 506069 or 07794 233249 email: office@dpcv.org.uk www.dpcv.org.uk



Quids for Kids (Q4K) – This service is funded by Devon County Council and delivered by the Citizens Advice Bureau. You can call for a free entitlement check and confidential advice 0300 5000 404 www.cabdevon.org.uk



Devon Carers – A free information, advice and support service for carers. They have a regular newsletter online and run **Carewise** – a support service for young carers, providing trips and drop-ins at various centres throughout Devon. Call 03456 434 435 or go to: www.devoncarers.org.uk



Devon Autism Alert Card – A free card for people aged over 11 with an autism diagnosis. The card can be useful in emergency situations. The holders name and unique reference number are embossed on it. To access the cards contact Devon Link Up on 07808 053992 or email autismalertdlup@gmail.com or have a look at their website <http://www.devonlink-up.org/autism-alert-card/>



The National Autistic Society (NAS) – The NAS have lots of useful resources on their website including; 'After your child's diagnosis'

<http://www.autism.org.uk/about/diagnosis/children/recently-diagnosed.aspx> There is an autism helpline: 0808 800 4104 open Monday-Thursday 10am-4pm, Friday 9am-3pm. They also have a **Parent to Parent service**, which is a confidential telephone support service provided by trained volunteers from their own homes: 0808 800 4106.



Autism Education Trust (AET) – The AET supports effective education practice. Online they have advice on choosing an ASC friendly school, how parents and schools can work together and strategies everyone can use for supporting children with ASC. The website also has a useful section on receiving and understanding an ASC diagnosis www.autismeducationtrust.org.uk



Sensory Integration Network – The SI Network is free to join and provides members with up to date information and breaking news about the developments in Sensory Integration theory, practice and research. Tel: 0118 207 2773 or go to www.sensoryintegration.org.uk



BIS-net is part of the Charity organisation CEDA and provides several services for parents and carers of any individual with behaviour support needs, including those on the Autistic Spectrum. There are parent/carer workshops running throughout the year, as well direct services for parents in the form of behavioural support for challenging or aggressive situations in the home, family therapy and support for developing an individual's social and emotional abilities using a programme called RDI [Relationship Development Intervention.] Please contact us on: 01392 813028. 07715068494. Sam.h@cedaonline.org.uk or to book a course go to: <https://www.eventbrite.co.uk/o/ceda-6400231187>



South West Autism Support Services - provide a range of services including; training, parent support, sibling support and enabling.

South West Autism CIC – A not-for-profit Community Interest Company running a number of support groups for families and children with an autistic spectrum disorder (firm diagnosis not needed).
Tel: 07582 608641 gmccullagh@sky.com or visit www.southwestautismsupport.com



Appcissible – A search facility to find the best and most useful apps for all Apple and Android devices for all types of additional needs www.appcissible.org

Cygnets and Early Bird Courses – Training courses for parents of children with ASC Early Bird (2-5 years) and Cygnets (9-14 years). Early Bird is run in Exeter, Cygnets is run regularly at venues across Devon. Contact the centre where your child received a diagnosis for information on how to book onto courses.



Positive About Autism™ is a training company providing Workshops on autism. They also have a range of useful information resources and Autism news updates on their website. <http://positiveaboutautism.co.uk/index.html>

To find information on Babcock's website regarding Autism go to:

http://www.babcock-education.co.uk/ldp/u_search3.asp?ds=1&anytime=1&search=Autism

ASD Bright Ideas produce a wide range of bright and colourful visual aids and resources <http://www.asdbrightideas.co.uk/asd/>

Local Support groups:

Affinity Support Group supporting parents of school age children with Autism (or on the pathway). Meetings are held twice a month at the Fire Station, Wellbrook Street, Tiverton EX16 5BP. The first Wednesday morning of the month 10am – 12noon and the second Wednesday of the month from 1pm-3pm. For more details text: Joanne Hill on 07917188911, Lou Dedames 07436795256 or email: affinity.tiverton@gmail.com

Asperations A weekly, term time group for children with Autism, Aspergers or ADHD aged 5 to 18 years and their families. Covers the Teignbridge, Torbay and South Hams areas email: admin@asperations.co.uk or Tel: 07719 414729.

Crediton-Area Parent Carer Support Group

For carers of children or young people with SEN, learning difficulties, disability, mental health problems a neurodevelopment disorders such as autism or any long-term health condition for mutual support, understanding and friendship of others in the same boat. Drop in 10:00am – 12:00 1st and 3rd Friday of each month Crediton Congregational Church

Ilfracombe Parent/Carer Support Group a support group run by and for parents and carers of children with additional needs <https://www.facebook.com/ilfracombesupport>

NAS Exeter and East Devon ASC Parents and Supporters Group a monthly parent support group for mutual support, the group has bi-monthly speakers email: exeter@nas.org.uk or Tel: 07804 493534.

North Devon Forum for Autistic Spectrum Conditions and ADHD A parent/carer led support group for parents, carers and people with ASC/ADHD, although diagnosis is not essential. Membership is free and you will receive a regular newsletter, access to events and use of their specialist ASC library, 07923 481332, email: info@ndfautism.co.uk
<http://ndfautism.co.uk/>

Okehampton ADHD and ASC Support Group A support group for parents and carers of school aged children. The group meets once a month at the Ockment Centre and is there for families in whatever stage of the journey they are at, from their first inklings that their child may be affected by one of these conditions to living with it in the long term. email: info@communitylinks-sw.co.uk or Tel: 07808 523111.

Parents United

A Tiverton group set up to support Parent/Carers with children either on the Autistic spectrum and/or with ADHD. Open to children who are diagnosed or going through the process and still in education. Meetings every two weeks on Tuesdays at the Best Western Hotel, Blundells Road, Tiverton EX16 4DB from 10am to 11.30am during term time. To find out more contact: h.hardy211@btinternet.com they also have a closed Facebook page <https://www.facebook.com/momanddadunited/>

SOCOPS Social Opportunities (SOCOPS) is a registered charity providing support for children from 8-23 years of age with an Autistic Spectrum Condition and their families, a firm diagnosis isn't always needed. They run 2 clubs, SOCOPS (8-15 year olds plus siblings/families) in Countess Wear, Exeter. SOCOPS Plus in various locations in and around Exeter for those 15-23 years old, working on independent skills. Being a charity they keep contributions to a minimum. They have a hardship policy if this is ever an issue.

email: Sarah Berry, Socops Project Co-ordinator 07518-152267 or email:

socopsclub@hotmail.co.uk

South Devon Autism Forum

A newly developing Autism forum to develop support for parents, links for professionals and opportunities to share and gain information. Contact positivelyautistic@gmail.com

The Exeter Parent Carer Network

The aim of the group is to provide information, support and resources through a variety of methods, to not only parent carers, but also siblings and professionals. If you would like to find out more go along on either Tuesday or Thursday mornings between 10am and 12pm. The Exeter Parent Carer Café can be found at Phoenix Community Café, Burnthouse Lane, Exeter EX2 6NF (between the Community Centre and the Sports Centre) There is a map and information on their website: <http://exeterparentcarer.co.uk/>



Facebook pages

SIGNPOSTplus are now on Facebook, like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.

SIGNPOSTplus <https://www.facebook.com/DISCplus-867654500016670/>

Autistic Children in Devon <https://www.facebook.com/groups/1547235805366233/>

Autism in the Private school <https://www.facebook.com/AutismInThePrivateSchool/>

South West Autism <https://www.facebook.com/SouthWestAutismSupportServices/>

Devon Autism Centre <https://www.facebook.com/DevonAutismCentre/>

North Devon Forum for Autistic Spectrum Conditions and ADHD
<https://facebook.com/ndfautism>

There are many inclusive support, social and sports groups which you can search for on Pinpoint www.pinpointdevon.co.uk or you can contact your local SIGNPOSTplus co-ordinator for further information, see contact details below.



SIGNPOSTplus Information Co-ordinators Identify grant sources, specialist activities, equipment and any other general enquiries. We have a webpage:

<http://devon.integratedchildrenservices.co.uk/signpostplus/> where you will

find information related to children with additional needs, and where our weekly information snippets are posted. We also have a Facebook page:

<http://www.facebook.com/signpostplus> Like our page for regular updates. Contact;

Amanda (Northern Devon) amanda.smithson@virgincare.co.uk or Kris (Southern Devon) kristine.taylor@virgincare.co.uk for further information.

Disclaimer



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This is not an exhaustive list, there may be other services in the area, we would be happy to include these. If you have any additions, updates or amendments to this list please email amanda.smithson@virgincare.co.uk or kristine.taylor@virgincare.co.uk

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