

- **Unity Youthie.** The Wings Charity run a youth club for school aged young people with additional needs to have fun and meet new people in a safe environment. Thursdays 3.15 - 5pm at the Wings Hall Bideford, with pick up from Bideford College if required. To find out more click [here](#)
- **Bideford Bridge Rotary Club** are holding their annual Milky Way event for children with special needs (and their families) on Friday 19<sup>th</sup> October from 5.30pm. To book a place contact John Wilson on: 07977 263914 or David James on: 07787 907175. To find out more click [here](#)
- **Devon Carers** Autumn 2018 newsletters are now available to download [here](#)
- **The Depression and Anxiety Service** is a free, confidential, NHS talking therapy service, offering effective treatments and therapies, including Cognitive Behavioural Therapy (CBT). They have five teams across Devon and Torbay with staff working in various community buildings, hospitals, GP surgeries and libraries. All staff are trained in effective psychological interventions. To find out more click [here](#)
- **ERIC**, the children's bowel and bladder charity have recently launched a new [ERIC Catalogue](#) showcasing just some of the 200 plus products available to purchase from their online shop. With an extensive range of carefully selected continence items combined with their in-depth knowledge of the most common childhood bowel and bladder problems, they can help you find the perfect product. To find out more click [here](#)
- **WESC Foundation**, Exeter open day 9 October 2018, 10am – 2pm  
Are you exploring school or college options for a young person or adult (up to 25 years old) who is visually impaired and has other additional needs? Are you looking for day, residential and supported living options for young adults with a visual impairment? Are you looking for specialist support for visually impaired students in other educational settings? WESC Foundation is holding an open day for parents and carers, young people, commissioners, teachers and SEN professionals. Find out all about WESC services including; The school and college, Specialist assessments, Outreach services, Work placements and internships, Research and development, Community services, VI specialist support. Lunch, speakers and a tour of the campus included. For more information or to reserve your place, please call WESC Foundation on 01392 454200 or email [rellis@wescfoundation.ac.uk](mailto:rellis@wescfoundation.ac.uk) by Friday 28 September.
- **The National Autistic Society** have a free Women and Girls elearning module. The new module aims to support diagnosticians to better understand autistic female characteristics and therefore enhance confidence to diagnose those individuals successfully, but would also be relevant for individuals, families and other professionals. The course is funded by the Pears Foundation and takes approx. 120 minutes to complete. To find out more click [here](#)
- **Inclusive Children's Football Clubs in Devon**  
There are now more Football opportunities than ever before for children with additional needs and disabilities in Devon. There are clubs in Bideford, Barnstaple, Tiverton, Exeter, Exmouth, Crediton, Newton Abbot, Torquay, Paignton, Tavistock and Plymouth. For further information on your local club, please contact Ashley Harris (Disability Football Development Officer) by email ([ashley.harris@devonfa.com](mailto:ashley.harris@devonfa.com)) or phone (01626 323560/07912089838)



**Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.**

**An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website: <http://devon.integratedchildrensservices.co.uk/signpostplus/>**

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