



Snippets 23rd August 2018

- **BisNet - Winter 2018 Parent & Professional Workshops**

Thursday 8th & Friday 9th November, Supporting a Young Person with Challenging or Aggressive Behaviour £40

Thursday 15th & Friday 16th November, Understanding and Supporting an Autistic Young Person £40

Thursday 22nd & Friday 23rd November, Understanding and supporting a young person with ADHD/ADD and developing executive functioning £40

Friday 30th November, You 1st: Supporting yourself to support your child £40

Thursday 6th & Friday 7th December, Behaviour Support & De-escalation training for professionals £75

Thursday 13th & Friday 14th December, Parent Safety & Breakaway Training £75

To find out more about the courses or what the BIS-net project is about head to www.bis-net.org.uk or call Direct Line – 077515068494 / Switchboard - 01392 360645 or Email - sam.h@cedaonline.ork.uk

- **Torquay Museum**

The museum is looking for families with children on the Autism spectrum and adults to road test their new Sensory backpacks which contain ear defenders, sensory toys, PECS communication fans and a visual guide to the Museum. Please contact: enquiries@torquaymuseum.org for more information.

- **Contact – Online community**

Find other families like yours to chat, ask questions, share information and support each other. Click on this link <https://community.contact.org.uk/> and browse the discussion topics then register or join a group for parents whose child has the same condition.

- **Spinning Tots - Creative & Playful Movement Class**

‘Spinning Tots’ from 10-10.45am on Fridays, South Brent Old School Community Centre.

The first session back after the summer break will be: Totnes - Thursday 6 September and South Brent - Friday 7th September.

Creative and playful movement classes for 2-5-year olds and their grown-ups using music, stories, props and themes.

To: inspire creative thinking and imagination; increase body awareness and movement skills; encourage self-expression; explore ideas in a relaxed and safe environment.

For further information contact Jude at spinningtotsdance@gmail.com or see Facebook – Spinning Totsdance

▪ **Youth Intervention Centre**

The Youth Intervention Centre provide private counselling and intervention services to young people aged 5 - 25 years old. They are able to help with a whole range of needs including, but not limited to; anxiety, depression, substance misuse, psychosis, suicidal thoughts, trauma, autistic spectrum condition (ASC), anger and aggression, challenging behaviours, sensory processing disorder (SPD & SID), attention deficit hyperactivity disorder (ADHD), low self-worth or self-esteem, self-harm and other mental health needs.

They have an experienced counsellor who works in a range of methods including; talking, CBT, art, play, sand and nature therapies. They can also create personalised intervention packages for young people based on their individual needs. These interventions can include; Lego therapy, anger management, meditation & mindfulness, emotional literacy, sensory exploration and much more.

Fees for both counselling and intervention are £40 an hour and are very flexible with times and appointments/sessions which can be booked in at times to suit the client.

The centre is based in Ivybridge, on the main high street.

During the school holidays they run workshops on a Wednesday with a range of activities, all which have an underlying therapeutic value to them. They normally cost £7 a session and last approximately two hours. The next workshop will be in the October half-term.

For more information contact: Email: info@youthinterventioncentre.com

Phone: 01752 896260 or have a look at the Website:

<https://www.youthinterventioncentre.com/>

▪ **Everyday banking Guide**

Who is this guide for? This guide has been designed to help anyone who might need more information about everyday banking. It will cover different areas of money and banking. The Financial Conduct Authority (or FCA) is a financial regulator in the UK and are working with The National Autistic Society because they recognise the challenges that some consumers face in accessing and understanding information. Here is a link to the published information, you can choose to read the sections that are most relevant to you. Click on the link to find out more:

<https://www.fca.org.uk/publication/documents/everyday-banking-easy-read-guide.pdf>

▪ **True Colours Trust**

The True Colours Trust is passionate about making a difference to the lives of disabled children and their families and improving access to good palliative care. The Trust works in the UK and Africa and its grant-making is focussed on the following areas:

- Improving service delivery and support offered to children with complex disabilities, their families and siblings in the UK.
- Strengthening palliative care services for children and their families in the UK.

To find out more go to: <http://www.truecolourstrust.org.uk/about-us/>

- **Drama Express**

This West Country charity provides opportunities for young people with additional needs to aspire to their dreams of appearing on stage. Drama Workshop and FREE taster session, Saturday September 8th 1pm-2.30pm at Phoenix Theatre, Gandy Street, Exeter EX4 3LS. To make a booking email: dramaexpress11@yahoo.com or call: 07724 930 744. Or have a look at their website: www.drama-express.org

- **Branchline partnership**

ALL ABOARD brings together all the Branchline social care and arts providers for the first time. Lifeworks, SPLASH and PLAY TORBAY working together will be providing for over 50 young people. Two weeks of activity encompassing, Art, Dance and Broadcast. Exploring local heritage and taking a nostalgic trip down memory lane. Designed by learning disabled young people and supported by Art and Social care providers. Culminating in an immersive Art Exhibition On 01 and 02 September the young creators will return to SDR to share their work with family, friends and South Devon Railway visitors.

To find out more contact: Sarah Jane Lowson Sarah-JaneLowson@lifeworks-uk.org or call: 07500 860288



Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.

An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website:

<http://devon.integratedchildrensservices.co.uk/signpostplus/>

If you would like to be removed from this mailing list please let me know.
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