

- **Bis-Net Courses – Winter 2018**

The training will take place at Devon Disability Collective, 22 Marsh Green Road. Marsh Barton. Exeter. EX2 8PQ. On site parking is free. The ticket price includes the days training, teas & coffees, soft drinks and a selection of fruit and biscuits. Lunch is not included. All courses will run from 9:30am until 2:30pm to allow for school drop offs and collections.

Supporting a Young Person with Challenging or Aggressive Behaviour - £40

Thursday 8th & Friday 9th November

[Click here to book online or find out more](#)

Understanding and Supporting an Autistic Young Person - £40

Thursday 15th & Friday 16th November

[Click here to book online or find out more](#)

Understanding and supporting a young person with ADHD/ADD and developing executive functioning - £40

Thursday 22nd & Friday 23rd November

[Click here to book online or find out more](#)

You 1st: Supporting yourself to support your child - £40

Friday 30th November

[Click here to book online or find out more](#)

Behaviour Support & De-escalation training for professionals - £75

Thursday 6th & Friday 7th December

[Click here to book online or find out more](#)

Parent Safety & Breakaway Training - £75

Thursday 13th & Friday 14th December

[Click here to book online or find out more](#)

- **Climbing Out** runs 5 day outdoor activity programmes aimed at rebuilding confidence and self esteem in young people facing a life changing injury, illness or trauma. The programmes run Monday to Friday and offer a wide range of activities including climbing, gorge scrambling, kayaking, hill walking, abseiling and raft building. All the activities are bespoke to the needs and capabilities of individual participants, so it doesn't matter how fit a person is, or what physical limitations they have, all the activities are adapted to suit the group, so everyone can take part and get involved. The only cost involved is getting to and from the relevant hostel: <http://climbingout.org.uk/>
- **Drama Express** This West Country charity provides opportunities for young people with additional needs to aspire to their dreams of appearing on stage. Drama Workshop and FREE taster session, Saturday September 8th 1pm-2.30pm at Phoenix Theatre, Gandy Street, Exeter EX4 3LS. To make a booking email: dramaexpress11@yahoo.com or call: 07724 930 744. Or have a look at their website: www.drama-express.org
- **Unique - Chromosome Disorder Charity.** In addition to their Information Guides to specific rare chromosome and gene disorders, they now have a range of practical guides for families. These are free to download and focus on more generic topics which are relevant to families caring for a child or adult with a rare chromosome or gene disorder. Topics covered include A guide to a clinical genetics appointment, what to do after receiving a diagnosis, communication, sleep issues and transitioning to adulthood. To find out more go to: <https://www.rarechromo.org/practical-guides-for-families>
- **Young Minds Parents' Helpline** offers free confidential online and telephone support, including information and advice, to any adult worried about the emotional problems, behaviour or mental health of a child or young person up to the age of 25. Call free on 0808 802 5544, or to find out more go to their website: <https://youngminds.org.uk/find-help/for-parents/parents-helpline/>
- **The Challenging Behaviour Foundation** provide practical information for families and professionals about understanding and supporting children and adults whose behaviour challenges. They have a range of useful information sheets on their website: <http://www.challengingbehaviour.org.uk/information/information-sheets-and-dvds/info-sheets-and-dvds.html>
- **Asperger United** is a quarterly magazine written by and for people on the autism spectrum. The latest edition is now available to download at: <http://ow.ly/6MBV30lwslL>

- **BSL Interpreted and Relaxed performances** of a new children's show, Table Mates, coming up at Exeter Phoenix in November. Full details are on the Exeter Phoenix website:
<https://www.exeterphoenix.org.uk/events/table-mates/>



Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.

An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website: <http://devon.integratedchildrensservices.co.uk/signpostplus/>

If you no longer wish to receive these bulletins please let me know and I will remove your details from the mailing list.

Disclaimer

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