

- **Calvert Trust Exmoor** and Isca Barum Insurance Brokers launched their inaugural Spooky Cycle event on Thursday, promising a fun-filled night ride along the Tarka Trail on Hallowe'en weekend this year. Co-sponsored by the Big Lottery Fund and in partnership with Devon County Council and Barnstaple Rugby Club, the Spooky Cycle will take place on the evening of Saturday 27<sup>th</sup> October and is open to all levels of cyclists, with families and company teams encouraged to ride together. In line with Calvert Trust Exmoor's ethos, the Spooky Cycle is very much geared to all ages and abilities, and open to families, company teams and individuals, including those with disabilities. And even if you decide not to ride but just want to go along and support, there will be plenty of fun to be had at the Rugby Club on the night – a great alternative to taking the kids trick-or-treating. To find out more go to: <http://www.calvert-trust.org.uk/support-exmoor/spooky-cycle-night-ride-on-the-tarka-trail>
- **CHICKS** is a national children's charity providing free respite breaks to children aged 8-15 from all over the UK, and who would really benefit from a break from their home lives. They are holding an open day at their Cornish retreat on Friday 31<sup>st</sup> August 2pm – 6pm, open to all who would like to find out more about CHICKS and what they do. Visit their website for further information: <https://www.chicks.org.uk/>
- **PETROC have joined with Devon County Council** to offer a supported internship programme focussed at County Hall. Supported Internships are a study programme for young adults with identified additional needs aged 16-24 who wish to work to-wards gaining paid employment. This flexible study programme includes on-the-job training with Devon County Council supported by expert job coaches, an employability programme looking at the soft skills of employment, functional skills and vocational profiling to identify a student's skills and qualities. There are no entry requirements just a desire to gain employment. For more information please contact Mandy Campbell on: 01884 235238 or [mandy.campbell@petroc.ac.uk](mailto:mandy.campbell@petroc.ac.uk)
- **Crediton area Parent Carer Support Group**. For parents and carers of children and young people with SEN, learning difficulties, disability, mental health problems, autism or any long term health condition to go along and find mutual support, understanding and friendship. Drop in 10am – 12 noon, 1<sup>st</sup> and 3<sup>rd</sup> Friday of each month, Crediton Congregational Church.
- **Affinity Autism Support Group Tiverton**. Summer holiday activities; Wed 22<sup>nd</sup> August, join the group using local amenities in Tiverton, at Knightshayes 10.30am – 1.30pm. Wed 29<sup>th</sup> August, cooking masterclass with Jadezra Maryan at Heathcoat Primary School 10.30am – 1.30 pm. To find out more or to book a place email: [affinity.tiverton@gmail.com](mailto:affinity.tiverton@gmail.com) or call 07951 750786 / 07917 188911.
- **Buttle UK** is a charity dedicated to helping children and young people who are in crisis reach their potential by providing small but targeted and effective interventions via their Chances for Children Grants. These grants can range from a single household item such as a bed, to larger, more comprehensive grants of up to £2,000 to help remove the material barriers to education, training or wellbeing that a child or young person may be facing. To find out more go to: <https://www.buttleuk.org/need-support>
- **Scope** have lots of great tips on days out and holidays for people with additional needs, to find out more go to: <https://www.scope.org.uk/support/tips/leisure/days-out>



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**An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website: <http://devon.integratedchildrenservices.co.uk/signpostplus/>**

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