

- **The Child Brain Injury Trust** have a Child and Family Support Coordinator covering Devon and Cornwall. The Child and Family Support Coordinators work in hospitals, home, school and the community providing children, young people, their families and the professionals working with them with the support that they need in order to live their lives to the full potential. Referrals can be made via the dedicated Helpline - Tel: 0303 303 2248 or email: helpline@cbituk.org For more information please visit www.childbraininjurytrust.org.uk
- **Remap** design and custom-make equipment to help disabled people live more independent lives. This includes mobility, help in the home, managing personal care, enjoying sports and hobbies and much more. All of their work is carried out and checked by expert engineers, carpenters, technicians and occupational therapists. Help is provided free of charge because they are a charity. They have contacts based in North and South Devon and in Exeter. To find out more go to: <http://www.remap.org.uk/>
- **Make Lunch – Tiverton** During the summer holiday a 'Make Lunch Kitchen' is being opened at Two Moors Primary School, Cowleymoor Road, Tiverton, Devon, EX16 6HH. They will provide free, healthy, cooked meals to children and families who would otherwise go hungry. This is available to families who have at least one child under the age of 11. To book meals for your family, the day before you want to join, text or phone them and leave your name, how many meals you would like and include any specific dietary requirements (e.g. vegetarian, dairy free). The kitchen will be open from 12.00pm –1.45pm on: Monday 30 July to Thursday 2 August, Monday 6 August to Thursday 9 August, Mon 13 August to Thursday 16 Aug Mon 20 August and Thursday 23 Aug. Meet other families, enjoy a meal or just have time and space to enjoy playing with your children without the distraction of home. The Tiverton Kitchen are also providing a range of art, craft, games, stories and other activities all for free. Come to one session – or all 10, to find out more contact: 07423 553237 or have a look at: <https://www.tlg.org.uk/your-church/run-a-programme/make-lunch>
- **Young Epilepsy Free Seizure Diary.** Helping children to feel in control can be key for them to understanding and managing their epilepsy. The diaries allow them to record their seizures, when they occurred and if anything specific happened before or afterwards. These diaries also help medical professionals understand if there is a pattern to when seizures occurred, what triggers caused them and may affect what medication they are on. The seizure diaries are free, you just pay for postage and packaging. <http://ow.ly/oBVh30l4tno>
- **Countryside Mobility** provides safe, enjoyable and easy access to the South West's countryside and visitor attractions for anyone who has difficulty walking. Use the map and search function for details of all the locations where Tramper mobility scooters and wheelchair accessible Wheelyboats are available for hire: <http://ow.ly/PaD830l4wdG>
- **Motability One Big Day** at Westpoint, taking place this Saturday 9am - 4pm. The event provides the perfect opportunity to discover everything you need to know about worry-free motoring with the Motability Scheme. There will be a huge range of cars, adaptations, Wheelchair Accessible Vehicles (WAVs), scooters and powered wheelchairs on display, admission is free. <http://ow.ly/Jjmr30jGFTH>
- **Fledglings product, the Dr Barman's Toothbrush**, has an angled head so that each side and the top of the teeth can be brushed at the same time. This means fewer strokes are need to clean the teeth effectively, making the brush good for those who dislike having their teeth cleaned as well as those who may be particularly sensory. This brush has been recommended by parents, occupational therapists and by a dental hygienist. To find out more about this and lots of other useful products for children with additional needs go to: <http://ow.ly/KCnJ30l4tUR>



Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs.

An archive of the previous four weeks of snippets can be found at the SIGNPOSTplus page on the Devon Integrated Children's Services website: <http://devon.integratedchildrensservices.co.uk/signpostplus/>

If you no longer wish to receive these bulletins please let me know and I will remove your details from the mailing list.

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