

## How to help

Use the table below to find your main concern, the resources most useful to you will be identified in the second column. Where two or more resources are identified, look at them all to decide which one best fits your concern.

The strategies and activities given should be carried out for two to three months. If there is no change in that time and you remain concerned then please contact ICS using the Request for Services form on this website, making sure you send in all the accompanying information required.

Contact details:

Single point of access:

Email:

Telephone:

What you see	Advice sheet
Unable to understand spoken instructions	<b>Understanding</b>
Difficult to understand what child is saying as using immature speech sounds or unable to sequence sounds in a word	<b>Speech sounds</b>
Has difficulty learning new vocabulary	<b>Vocabulary</b>
Is not using plurals or tenses correctly	<b>Speech Sounds Talking</b>
<b>Finds it difficult to listen and attend</b>	<b>Understanding language Maximising attention</b>
Uses immature/simple sentences when talking	<b>Talking</b>
Reluctant to speak in class	<b>Understanding language Social Communication Skills</b>
Has a limited number of favourite subjects to talk about	<b>Social Communication Skills Vocabulary</b>
Is stammering or has a lot of repetitions in their speech	<b>Stammering</b>
Finds it difficult to communicate well in social situations	<b>Social Communication Skills</b>
Gets frustrated/excited easily and is unable to calm down	<b>Activities to help calm and regulate behaviour</b>
Difficulty maintaining attention to a task	<b>Maximising attention</b>
Difficulty sitting upright for 10 minutes	<b>Core stability Seating Maximising Attention</b>
Frequently trips or falls	<b>Balance Core Stability</b>

Difficulty talking about recent events or giving an explanation	<b>Talking</b>
Difficulties with handwriting	<b>Fine Motor Skills</b> <b>Handwriting Activity Ideas</b>
Difficulty throwing, catching, kicking a ball	<b>Ball skills</b>
Difficulty holding a pencil	<b>Handwriting</b> <b>Fine Motor Skills</b>
Difficulty using scissors	<b>Scissor skills</b> <b>Fine Motor Skills</b>
Difficulty using two hands together	<b>Using both sides of the body</b>
Unable to sit still	<b>Maximising attention</b> <b>Sensory processing</b> <b>Activities to calm and regulate</b>
Difficulty with self-organisation	<b>Organising yourself and your belongings 5-11</b> <b>Organising yourself and your belongings 11-18</b>
Difficulties with dressing skills	<b>Dressing skills</b> <b>Tying Shoe Laces</b> <b>Maximising attention</b>
Concerns that child is unsafe in the home	<b>Making your home safe</b>
Concerns that your child is unsafe in your car	<b>Car Safety</b>
Difficulty using cutlery	<b>Cutlery, cups and plates</b>
Difficulty wiping their bottom	<b>Bottoms and toilets</b>